



POLLYANNA PRE-SCHOOL CIO

ALLERGY POLICY

Statement of Intent

Pollyanna Preschool is committed to providing a safe and inclusive environment for all children, including those with food allergies and intolerances. We recognise that allergic reactions can be serious and potentially life-threatening. The preschool takes reasonable steps to prevent exposure to allergens and ensure staff are prepared to respond appropriately.

EYFS Requirements

In line with the Early Years Foundation Stage (EYFS), information about children's dietary requirements, allergies and intolerances is obtained before admission. Food provided must meet children's dietary needs and children must be supervised by an adult while eating. Paediatric first aid trained staff are present at all times.

Roles and Responsibilities

The Manager ensures this policy is implemented and staff receive appropriate training. Staff must follow children's allergy plans, check food before serving, supervise children during meals and respond appropriately to allergic reactions. Parents must inform the preschool of any allergies or intolerances

Registration and Allergy Plans

Parents must provide details of allergies, intolerances and dietary needs before their child starts. Where necessary, an Individual Allergy Management Plan will be created outlining allergens, symptoms and emergency procedures. These plans are shared with relevant staff and reviewed regularly.

Food Preparation and Mealtimes

Staff check ingredient labels and take steps to prevent cross-contamination. Children with allergies are clearly identified and food is checked before serving. Children are supervised at all times during meals and discouraged from sharing food.

Medication

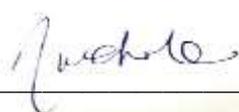
Parents provide any prescribed medication such as inhalers or adrenaline auto-injectors. Medication must be clearly labelled with the prescription label, in date and accessible in an emergency.

Emergency Procedure

If a child shows signs of an allergic reaction, staff will remain with the child, follow the child's allergy plan, administer medication if required and call 999 if anaphylaxis is suspected. Parents will be informed immediately and the incident recorded.

Review and Approval

This policy was reviewed and adopted on: ___1st September 2025_____

Signed by Management Committee: _____


Print Name: _____Nikitta Wehrle_____

This policy is reviewed **annually** or sooner in response to changes in legislation, guidance, or setting practices.